

Thursday 15th June

Senior Athletics Carnival 2017

Timetable

Alexandra Park—Senior School track & field events

Age Group	9.50-10.15am	10.15-10.40am	10.40-11.05am	11.05-11.30am	11.30-12.00pm	12.00-12.30pm	12.30 - 1. pm	1. pm - 1:30	1.45-2.15pm
9 BOYS	800m	Discus	100m	High Jump	200m	Long Jump	Shot Put	Clean up	4 x 100m Relays
10 BOYS	800m	High Jump	100m	Long Jump	200m	Shot Put	Discus	Clean up	4 x 100m Relays
11 BOYS	800m	Long Jump	100m	Shot Put	200m	Discus	High Jump	Clean up	4 x 100m Relays
12 BOYS	800m	Shot Put	100m	Discus	200m	High Jump	Long Jump	Clean up	4 x 100m Relays
9 GIRLS	Discus	800m	High Jump	100m	Long Jump	200m	Clean up	Shot Put	4 x 100m Relays
10 GIRLS	High Jump	800m	Long Jump	100m	Shot Put	200m	Clean up	Discus	4 x 100m Relays
11 GIRLS	Long Jump	800m	Shot Put	100m	Discus	200m	Clean up	High Jump	4 x 100m Relays
12 GIRLS	Shot Put	800m	Discus	100m	High Jump	200m	Clean up	Long Jump	4 x 100m Relays

2:35pm - 2:45pm Presentations
Presentations for Age Champions & House Captains, if time allows.

2:50pm

Bus leaves to return to school or children may go home with their parents.

Senior Athletics Carnival – Thursday 15th June **Information for students and parents/carers**

St John's will be holding their Senior Athletics Carnival on **Thursday 15th June** at **Alexandra Park**.

Carnival Time 9:30am – 2:50pm

Parents are encouraged to take their children straight to and from Alexandra Park.

Parents, please stay for the day, or drop children off between **9:20am** and **9:30am**. Prior to 9am teachers will be setting up field events, so **please do not drop your child off before 9:20am as supervision will not be available.**

Track and Field events start at around **9.40am**, however, it's important for students to arrive earlier so that they have their names marked off and are sitting in their age groups ready to compete.

The Carnival will conclude and students can be collected at **approximately 2:45pm**.

All students are required to stay until the end of the carnival.

Transport to and from Alexandra Park - School Buses will run as normal on the Thursday. As soon as all buses arrive at school in the morning, one large bus will leave for Alexandra Park. At the conclusion of the carnival, students **NOT** collected by parents will be returned to school before the afternoon bus run begins. Please make sure your child knows how they are travelling to and from the Carnival.

Age groupings - Please keep in mind that all track and field events are run in age groups. Students who are in Year 3 and are turning eight this year will compete in the 8/9 year age group. Students turning 13 will compete in the 12/13 year age group. Students are to remain with their groups whenever possible throughout the day.

Events - Events include: 800m, 100m, 200m, Shot Put, Discus, Long Jump and High Jump. All events except for High Jump and 800 metres are compulsory. We aim to maximise participation and skill development.

Relays - Students will participate in the 4 x 100m relays to culminate their day's events. Relays are selected by student's 100metre times. The four fastest for each house in the Juniors (Year 3 and 4) and Seniors (Year 5 and 6) will be selected.

PLEASE do not leave early! If we have time we may look at running age group relays.

Food and Drinks - All students must bring packed lunch, snacks and a water bottle. Whilst the canteen may be open, students are not to purchase lollies and are discouraged from relying on the canteen for lunch, as lunch will possibly be 'eaten' when there is an appropriate gap in the day.

Signing out - at the conclusion of the carnival all parents who are taking their child/children home from the event must sign their child/children out. Folders will be available at the entry of the complex down at the car park end.

Parent Helpers - If you are able to help out on the day your assistance would be most appreciated. We need parents to help teachers with each event and also at least one parent to take an age group of students to their events. If you are able to help out we would love your assistance – the more the merrier. Please fill out the attached form and return to the front office at school ASAP.

We are once again looking forward to the Athletics Carnival – It's a wonderful opportunity for students to demonstrate their good sportsmanship, skills, effort, persistence, courage and 'have a go' qualities!

Mrs Louise Kotzur

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SPORTS DAY 2017 - PARENT HELPERS FORM

Parent's Name: _____ Child's Name: _____

I am able to help out with the Yr 3-6 Athletics Carnival on Thursday June 15th.

I can help

- ◇ With a field event
- ◇ Leading an age group

I can help

- All Day
- Set time _____
- Group _____

Email contact or phone number: _____

Many Thanks

Louise Kotzur—Sports Co-ordinator